



Everybody Always: Overflow | July 10, 2019

Discussion Guide

The Scoop

How do we measure life? How do we know if we've actually succeeded? The Bible suggests that we've succeeded when our life impacts the lives of others. Read below to hear more.

Key Verses

Psalm 23:5 (NIV)

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows."

Discussion

Youth directors working with middle and high school students often have a common goal – to make their programs feel like “the place to be.” And not as a type of popularity contest, or because of the games played or food eaten, but because of what the students experience while they are in the room. The desire is for them to experience God’s love in a way that overflows, for them to understand the value and truth of the gospel so clearly, that they can’t keep it contained.

1. Do you have experience with church youth group? If so, describe your experience and how it may have been similar to or different than the experience above.
2. Have you ever been in this type of environment before (and not necessarily at church)? Where the presence of God and his love for you overflowed? Describe the environment.

In his book, “Everybody Always,” Bob Goff talks a lot about how as Christians, our lives are meant to impact the lives of others. He asks readers the question, how do we measure the success of a life? Is it by our accomplishments, careers, or how much money we leave behind? He argues that the measurement God uses is how much we impact the lives of others. Instead of looking internally at how our life is working for ourselves, we should instead be asking how our life is working for those around us.

3. How do you measure the success of your life? How is it different than the way God would like you to measure it?
4. Why do you think God chooses us to share his love and grace with others? Why is impacting others so important?

In Psalm 23:5, we read about God’s extravagant love for us. He loves us so much, regardless of what we’ve done or are yet to do, that he prepares a feast for us. He treats us as an honored guest. And not just that, but he allows our enemies to “look in,” so that they might see a room overflowing with love, grace and joy, and that they might want in on it as well. He fills us up with a feast of love and grace, so that we might overflow to the people around us.

5. How do you feel when you read that God has prepared a feast for you, an honored guest? What is your gut reaction?
6. Have you ever been the “outsider looking in” on a situation like the one described in this verse? What made the “insiders” look so attractive to you?

What’s Next?

We measure our lives and our faith by how well our faith overflows, and spills onto others. The truth is, God’s love is not finite. It’s not reserved for just a few. It’s so big, that it actually overflows. It fills us up and is meant to overflow into the lives of others.

This week, as you live out and engage your faith, consider how your life is working for those around you. Do they see God in the way that you treat them or your life? Do they want to experience the same thing you are? Challenge yourself to love abundantly this week.