



Road Trip: Food Trucks | August 1, 2018

Discussion Guide

The Scoop

Road trips almost always include great food in cool places. Read more to see how your favorite food might connect to your faith.

Key Verses

Matthew 5:14-16 (NIV)

"You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before

others, that they may see your good deeds and glorify your Father in heaven."

Discussion

Many of us associate travel and our best vacations with great places to eat. If you reflect on some of your most memorable vacations, you can probably name a specific meal or restaurant that made your experience special. Maybe it was the best sushi you've ever tasted. Or, the most delicious pulled pork you could ever imagine. Better yet, the food your family makes when you go on a camping trip every year. The second you taste it, all sorts of memories flood in.

1. What is your favorite vacation food? The best restaurant you've ever been to on vacation?
2. Why do you think food can elicit such great memories? Is there a specific food that does that for you?

If you're looking for a pretty fail-safe way to find good food, all you have to do is look for the place with the longest wait. The place you can see this on display the best is food trucks. In a place with lots of food trucks, instead of just jumping in line right away, if you stand back and wait you'll be able to tell which one has the best food. It's almost like the food is contagious in a way. The same should actually be true of our faith. As Christians, we should demonstrate something so attractive by the way we live, that others can't help but to want to taste and see.

3. Describe your experience with food trucks. Have you ever waited in a long line at a food truck?
4. What does contagious faith look like in everyday life? Would you describe your own faith as contagious?

In Matthew 5:14-16, the Bible talks about how we should be contagious. Our purpose on this earth is to be a light, to demonstrate the characteristics of God to those around us. He has set us up as an example, not to be hidden but to be displayed on a hill. By opening up to others, letting them see your light, others will gradually open up to God. Think about the reasons that you fall in love with your favorite places and favorite foods. There is something about them that's contagious. Our faith should look exactly the same to those around us.

5. Do you consider yourself to be a light to those around you? Why or why not?
6. Think about a person who has mentored you in the faith. What are some of their contagious qualities?

What's Next?

When we think about the people in our life that led us toward God, we find contagious qualities in them. We watch them and say to ourselves, "I want what they have." God asks us to live our lives in a way that other people want to follow.

This week, as you live out your faith, consider how you can be contagious in your faith. Do other people look at you and think, "I want what he/she has?" If not, think about what may need to change for this to be true.