



Seasons: Summer Celebration | November 25, 2020

Discussion Guide

The Scoop

Summer is marked with a sense of carefree celebration. Life gives us plenty of these opportunities, but often people of faith can miss them.

Key Verses

Psalm 118:24

*"This is the day that the Lord has made;
let us rejoice and be glad in it."*

Discussion

If we think about summer, we can imagine soaking up the sun, enjoying the warmth, pool parties, and spending time at the beach. To many, summer is an exciting time where we can kick back and relax, almost like we have earned it after a long school year or a long winter. The days are longer and the sunshines brighter in the summer so we throw caution to the wind and pack it full of as many great things as we can.

1. When you think of summer, what do you immediately think about? What places do you like to go and what things do you like to do?
2. What events in your life are like the celebration of summer?

Just like our faith is intended to be strong enough to endure moments of struggle, it is also designed to celebrate and enjoy the gifts life gives us. Sometimes people of faith can miss these fun celebratory moments because we get so focused on rules, hard work, and life's challenges. It can often feel like it's hard to give ourselves the opportunity to let our guard down and enjoy these moments. Life gives us plenty of chances for hard work and challenge, and it's up to us to seize the moments of celebration.

3. How do you typically feel after a big celebration, vacation, or moments to just sit and enjoy?
4. When is your next opportunity to be carefree and celebrate?

We need to be conscious about the amount of time that we spend working to actually build in moments of celebration and joy. If all that you ever do is work hard, then really never get to reap what you sow? Psalm 118:24 tells us that, "This is the day that the Lord has made; let us rejoice and be glad in it." God desires for us to take moments to celebrate. When life gives you your time for "summer," be sure to make the most of it.

5. What makes it difficult to let go and be fully present in moments of celebration? How do you ensure that "summer" doesn't just pass you by?
6. In what ways can you engage those around you with the celebration portion of your life? How can you share your joy so that it's magnified?

What's Next?

This week in your faith, look for opportunities to kick back, let go, and just delight in the good things that God has given us. Be intentional about rejoicing, and in doing so, you naturally give thanks to God.

You can find a template of our 5-minute faith journal at faithinfive.com to further engage your goals and connect them with your faith.