



## Adversity: Whose Shoes | July 20, 2016

### Discussion Guide

#### The Scoop

Take comfort in knowing that when facing adversity you are in good company...Jesus walked in your shoes!

#### Key Verse

**Hebrews 4:15-16 (MSG)**

*We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experienced it all—all but the sin. So let's walk right up to him and get what he is so ready to give. Take the mercy, accept the help.*

### Discussion

Personal difficulty allows us to better understand others, it causes us to pause and look for answers or comfort from God, and it makes our story more interesting and relatable.

1. What are the things in your life that make your story relatable?

The Message version of Hebrews 4 reminds us that Jesus is not out of touch with our reality. Jesus went through difficulty, sat with friends experiencing hard times, and he was tempted just like us.

2. How does it make you feel knowing that Jesus didn't have a perfect life?
3. Can you find one similarity in your personal struggles that align with something you know from Jesus's life?

Sometimes when we get rolling in our faith we can get so tied up in being good that we cease to be any good. If we lose touch with the reality of those around us, we actually become less like Jesus in the process of trying to portray the perfect Christian life.

4. What are some of the things that you observe in others that make them less relatable?
5. What types of things do you typically want to hide, clean up, avoid, or keep to yourself so that you can be seen as good?

### What's Next?

As we go through life we will inevitably face difficulty. Some of us like to keep it to ourselves while others of us just like to pretend it isn't there.

Realize that difficulty makes you relatable and useful to others. Your story is worth telling, and you never know how it could help someone else. It is also important to remember to take comfort in times of difficulty knowing that you are in good company because Jesus struggled, suffered, and faced difficulty, too.