



Hey God: Conversations with God | May 10, 2017

Discussion Guide

The Scoop

Communication is the key to all good relationships. Thinking about prayer as "Hey God" moments makes it more accessible. Prayer should look more like regular conversations rather than formal presentations.

Key Verse

James 5:13-20 (MSG)

Are you hurting? Pray. Do you feel great? Sing. Are you sick? Call the church leaders together to pray and anoint you with oil in the name of the Master. Believing-prayer will heal you, and Jesus will put you on your feet. And if you've sinned, you'll be forgiven—healed inside and out.

Discussion

If you think about your most important relationships, you communicate with those people regularly. Relationships improve through communication. With spouses, parents, or kids we typically communicate at the beginning of our days, at the end of our days, or here and there through out each day. Why not God?

1. With whom do you communicate the most and with what frequency?
2. What types of communication do you share between those closest to you? What topics?

For some reason when it comes to talking with God (prayer), we don't do it regularly and sometimes we don't do it honestly. Bob Goff says, "We don't need more people praying perfectly, we need imperfect people praying more." In James 5:13-20, James suggests that we pray regularly and in all circumstances. ...good, bad, whatever.

3. When and how do you typically pray?
4. About what things do you usually talk to God?

Conversations allow us to express ourselves. They allow us to hear from one another. And they allow room for give and take. Talking to God more regularly helps us to learn the rhythms and patterns of God so that our lives can be more aligned with how He intends us to function, grow, and love others.

5. How do you think your relationship with God would grow if you had more conversations with God?
6. Can you think of something you learned from God as a result of talking to Him?

What's Next?

As you consider your conversations with God and how they fit in your regular everyday life, try a couple new things to better connect, learn, and grow:

1. Stop and pray 3 different times throughout the day for one week. Simply start with, "Hey God..."
2. Bookend your day with conversations with God. Start the day with "Hey God..." and end the day with "Hey God...."