



Relationships: Drifting | February 3, 2016

Discussion Guide

The Scoop

We are all wired to be in relationships. We were not designed to do this journey without people in our lives. However, relationships are hard and take work. If we don't pay attention, it's very easy for our relationships to begin to drift from their desired status.

Key Verse

Matthew 6:21 (NLT)

Wherever your treasure is, there the desires of your heart will also be.

Discussion

Even though we are designed to be in relationships, we are only equipped to handle so many relationships well. Some of us have a larger capacity than others, but we all have limits to how many good and healthy relationships in which we can invest.

1. Are you a person who prefers a few close relationships or a person who has a lot of friends? Describe your relationships.
2. With whom are your top 3-5 relationships and why?

Living life in relationship with others makes our experience here on earth much more rich. Relationships can help us be better at expressing compassion, humility, and understanding. They can also help us by providing support, accountability, and experiencing redemption. In contrast, they can be incredibly challenging, frustrating, painful, hurtful, and even damaging.

3. What would you say has been the hardest part of one of your 3-5 top relationships?
4. What would you say have been the most beneficial things about your 3-5 top relationships?

The point of today's discussion is to be able to identify the most important relationships in our lives and be more intentional about managing and maintaining them. The best way to do so is to evaluate, envision, and engage. We started the evaluate process above so let's begin envisioning.

5. In your top relationships, what do you believe could be better?
6. What is your role in improving or continuing in a pattern of health in your relationships?

What's Next?

The end goal of every conversation about faith is that we do something about it. Our goal at Faith in Five is that our faith matters. So after a conversation like this, the goal is always to act on what we discussed. This week how can you continue to engage these key relationships? How can you engage them in order to move them forward, address an issue, reconcile, or celebrate? What will you do this week to engage each of your top 3-5 relationships?