

2020 Vision: Fun | Feb 12, 2020

Discussion Guide

The Scoop

Do you set goals around having fun? Do you make time for fun? Learn how to make room for fun in daily life and explore what the Bible says about fun!

Key Verses

Ecclesiastes 8:15 (NLT)

"So I recommend having fun, because there is nothing better for people in this world than to eat, drink, and enjoy life."

Discussion

Fun defines our childhoods, but for some reason we grow up and stop having as much fun. A new year brings new opportunities to improve our lives and create new memories.

- 1. What are some fun activities that you enjoyed growing up?
- 2. Are there any of these things you could resurrect and include in your current life?

Thinking back and reflecting upon your top five moments from the past year is a great way to highlight the amazing experiences that you have enjoyed, as well as, helping to define activities and experiences you would like to make happen in the upcoming year (concerts, vacations, and even favorite restaurants).

- 3. What are your top five moments from this past year?
- 4. What are some themes that you notice from your top 5 moments? In what ways can you ensure those themes are present in this coming year?

Most people picture God as the police in the sky, but God desires us to have fun. In Ecclesiastes 8:15, the Bible says, "So I recommend having fun, because there is nothing better for people in this world than to eat, drink, and enjoy life."

- 5. Fun is a lot more fun when we share it...,What friends or family members could you invite to join you in your journey for fun?
- 6. How can you see that enjoying life related to God and His desires for your life?

What's Next?

With your plans for personal resolutions in 2020, take some time to reflect on how you can better engage fun opportunities in the year ahead. Studies actually show that making your goals fun increase the likelihood of accomplishing them by 46%. How can you include fun, combine faith and fun, or share a faith that points to a more fun God? If you succeed at anything succeed at engaging God more often and the rest will follow.

You can find a template of our 5-minute faith journal at faithinfive.com to further engage your goals and connect them with your faith.