

Hey God: Gas Gauge | May 24, 2017
Discussion Guide

## The Scoop

Prayer is like gas in our tank. There are noticeable signs and noticeable gauges we should pay attention to so we don't end up running on fumes.

## Key Verse

## John 15:4 (NIV)

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

## Discussion

Think of a car without a gas gauge...how would you know when you needed to fill up? There are many ways to track and many signs that you can observe in order not to run out of gas. If you have a car like this, you become very observant of when you need to fill up. In contrary, the cars that tell you to the mile how long you have left are often pushed to the zero mark because you don't need to be as observant.

1. What has been your favorite vehicle you owned?
2. If you drove a car without a gas gauge, what signs could you look for to be sure you don't run out of gas?

Admittedly, our prayer life can look exactly the same as the above car scenario. If prayer is the gas in our tanks, we have a tendency to stretch it and even sometimes run out of gas because we aren't as observant of the signs. The more we know and the longer time we have "on the water" as a Christian, the more we tend to push it to zero. However, there are tell tale signs we can look for and habits we can form to be sure our tank never gets below $1 ⁄ 4$.
3. Can you think of a time when you ran on fumes in your spiritual life? Why?
4. What are some signs you know to look for in your own life that can help you know when your gas gauge is low?

In John 15:4 Jesus says if we remain in Him, he will remain in us. He essentially identifies that he is the gas in our tanks and we cannot "bear fruit" if we run on empty. There are many ways we can continually get filled up along the way.
5. What are some ways you engage God and stay filled up?
6. Can you think of a time when you were most full and most able to bear fruit? What were your prayer habits?

## What's Next?

It would only take one time of having to push your car with an empty tank before you became very aware of why you ran out of gas. Today is the day to identify ways to alert yourself when to pray to fill up. The other thing to consider is creating habits of stopping at "gas stations" along the way so you never run on fumes. Be intentional about "Hey God..." moments to stay connected to God and keep your tank full with Jesus.

