



10 Second Rule: The More You Know | July 12, 2017

Discussion Guide

The Scoop

One of Life's simple truths is that you don't know what you don't know. We can't possibly know everything, but we can continually learn, and we can be aware of learning opportunities with God.

Key Verse

Proverbs 3:6 (MSG)

Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track.

Discussion

Sometimes when we hear stories for which we don't know much information we struggle to categorize and file them appropriately. If we hear a story about someone that turns out not to be true, we sometimes still treat that person as if the story was true because without previous knowledge of the story's validity our brains file that information the best it knows how.

1. Have you ever heard something wrong and believed it to be right? Was it hard to adjust once you learned differently?
2. What is something you most like to learn about? Why?

When we don't have knowledge about something we can't correctly organize it in our brains. In his book, *The 10 Second Rule*, Clare DeGraaf argues that learning more and knowing more about God allows us to better understand and recognize what we are reasonably certain Jesus is asking us to do.

3. In what ways do you learn new things about God? What is your favorite way to learn about God?
4. What has been the most interesting thing you have learned about God?

The great thing about "The 10 Second Rule" is that you can work to learn more about God so that you better understand Him and what He is asking you to do. Additionally, the more you try to respond to what you think He is asking you to do, the more you learn about God. Every time you feel like God is asking you to do something, you can respond and learn something new. Every time you learn something new about God, the more you will recognize what it is He is asking you to do.

5. Have you ever learned anything about God from doing something to live out your faith?

What's Next?

This week as you learn to live out "The 10 Second Rule" consider the many places you learn more about God and be sure you are regularly engaging those things. Consider small groups, reading the Bible, Church, podcasts or sermons, journaling, and prayer as ways to learn more about God so that you can better respond to the things you are reasonably certain Jesus is asking you to do and do it within 10 seconds.