



## Finish: Make It Fun | January 10, 2018

### Discussion Guide

#### The Scoop

What if the secret to accomplishing more and experiencing more meaning is...fun? Can it really be that simple?

#### Key Verse

**John 10:10 (NIV)**

*The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.*

#### Discussion

Each of us is filled with goals and accomplishments that we want to achieve. We are often hardwired to believe that to accomplish our goals we have to put ourselves through misery or at the very least, difficulty.

1. Can you think of some examples of where we believe that in order to accomplish we need to adopt the “no pain; no gain” mentality?
2. When you think about accomplishing your current goals, do you think you are going to have to hate life to get there?

In his book *Finish*, Jon Acuff says that the key to accomplishing more is to make it fun. (This is actually based on research!) We very often believe that accomplishment has to be filled with heartache and misery. Jon Acuff says that we will accomplish so much more if make reaching our achievements enjoyable.

3. What are some ways you can make accomplishing your goals more fun and enjoyable?
4. Can you think of a time when you accomplished something and enjoyed doing? Have you ever made a game out of accomplishing something?

In the Bible, Jesus says that He came for us to have life and so that we would enjoy it as is intended. The brokenness of the world often convinces us that life is going to be hard and achieving anything will be even harder. Jesus did not come to make our lives easy, but He did come so that we could enjoy them fully. Newsflash: pursuing God doesn't have to suck!

5. Are there areas in your spiritual life that seem like a chore? Why?
6. What are some ways you can incorporate more fun into your spiritual growth? What would make connecting with God more fun?

#### What's Next?

You don't have to dread prayer, quiet time, church, and any of your personal goals to accomplish or grow. Studies actually show the opposite to be true. It's not that achieving and growing won't be difficult, but if it is, it doesn't have to be miserable. This week, find some ways to make accomplishing fun, look for ways to have fun when it comes to spiritual growth, and share it with others so that they may reap the rewards of a joyous life as well.