



Hot Tubs of Water | September 21, 2016

Discussion Guide

The Scoop

It is possible to have too much of a good thing...even if that good thing is God.

Key Verse

Romans 10:14 (MSG)

But how can people call for help if they don't know who to trust? And how can they know who to trust if they haven't heard of the One who can be trusted? And how can they hear if nobody tells them? And how is anyone going to tell them, unless someone is sent to do it?

Discussion

Hot tubs and bathtubs are wonderfully glorious things, but many people don't realize you can drown in a simple tub of water. What starts out as a relaxing and soothing experience can end up in tragedy as you get too comfortable, fall asleep, and submerge in the water.

1. What are the things that make you feel the most relaxed or most focused?
2. What are some examples of other things that could potentially fall into the category of "too much of a good thing?"

There are a lot of things that we love to have too much of, but most of us would never consider God in that list. Many of us gorge ourselves with all things God. We book our calendars with Bible studies, attend church, pray, journal, listen to worship music, read the Bible alone in our bedrooms, book lunches and breakfasts with our Christian friends, and then wonder why things feel routine or stagnant. Religious gluttony is when we overload ourselves with God concerning ourselves only with our own consumption.

3. Have you ever felt stagnant in your faith? Why do you think that might be?
4. What one tweak in the above list of "all things God" could you change to make your faith come alive?

Andy Stanley says that leaders fill up so that they can pour out. We were designed to take in God so that we can give him away. Romans 10:14 implies that we have been called to give God away. You have been sent to tell people about Him not just consume Him.

5. When is the last time your faith journey included sharing God with someone else?
6. What could you change in your current faith habits to include something selfless so that your consumption is with a greater purpose?

What's Next?

People are starving for an authentic encounter with God. Many of us have more of God than we can eat, yet we aren't sharing even our table scraps of God. This week consider your faith habits. Instead of quitting all of it, consider shifting or adding one thing to it that includes sharing God with others. Get filled up on God so that you have the energy, the excitement, and the ability to give other people the gift of knowing and trusting Him.