



Pause: Silence | December 13, 2017

Discussion Guide

The Scoop

Silence...what is that? Most of us cannot remember the last time we experienced silence, and if we did, we most likely had to go to great lengths to find it.

Key Verse

Psalm 4:4 (NIV)

Search your hearts and be silent.

Discussion

The Bible often references listening and silence, which go hand in hand. With so many ways to be connected to people, devices, etc we rarely get a chance to experience silence and thus really listen.

1. What are the main messages coming into your life? What things are the loudest?
2. When was the last time you experienced silence? Is there room for silence?

If there is no room silence, you could argue there is no room for God. While God shows up in so many ways in our lives, what if we cannot hear Him clearly? What if our own voice inside our head is too loud for us to discern God's voice?

3. Do you feel like God is far away?
4. Is there a connection in your life to how connected you are to God and how connected you are to the chaos of life?

Luke 5:16 says that Jesus often withdrew to lonely places to pray. Psalm 4:4 instructs us to "search our hearts and be silent." Following Jesus may need to include time for silence, recharging, and listening.

5. Where can you go to get silence? What would it take in your regular routine?
6. What do you think God is telling you? Can you hear Him?

What's Next?

Because we live in a world that is so connected to anything and everything, we need to be intentional about silence. If hearing God's voice more regularly is important to you, consider how you can build quiet time into your routine. This week as you live out your faith, may God meet you in the silence you seek.