

# **Seasons: Spring Growth** | November 18, 2020 Discussion Guide

## The Scoop

The season of spring is marked with excitement, it's almost as if you can't hold it in.

### **Key Verses**

## Song of Songs 2:11-13 (NIV)

See! The winter is past; the rains are over and gone. Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land. The fig tree forms its early fruit; the blossoming vines spread their fragrance. Arise, come, my darling; my beautiful one, come with me."

#### Discussion

Picture the 1st warm day of spring after winter has broken. Most of us can't wait to get outside. If we go for a drive, the windows are down and music is playing. It's almost as if we can't hold our excitement in. We want to let it out. We want to share it with the world.

- 1. If today were one of those first warm spring days, what song would you blare in your car? Why?
- 2. Can you think of other things in your life that give you that warm bursting spring feeling?

Spring represents things being renewed or restored, which leads to growth. Growth doesn't happen all at once, but when we learn a new skill or new knowledge we almost can't hold back on applying it or sharing it. Spring is also a metaphor for much of our faith. The birth of Christ, the risen Christ, the redemption and overwhelming grace; our faith is full of things that are so good we can hardly keep them inside. We want them to spill out into the world.

- 3. In what ways has your faith grown over the past year? How have you shared that growth with the people around you?
- 4. In what ways can you engage God in being renewed or restored? Is there anything you can do today or this week?

Song of Songs 2:11-13 gives us an almost melodic picture of Spring. It almost perfectly captures that windows down, music blaring feeling, "The winter is past; the rains are over and gone. Flowers appear on the earth; the season of singing has come...Come with me." Spring is a season in life that everyone should experience once in a while. Our faith calls us to be messengers of Spring...messengers that invite others along with us.

- 5. In what ways can you engage the people around you to spread the sunshine of Spring? How can you live out this song in a way that others can't stop singing it?
- 6. What are some faith-based habits that could help you bottle up parts of Spring to help you get through long winters?

#### What's Next?

Spend time with God this week seeking restoration and growth. Look for new ways to engage your faith, establish some new practices that allow you to breathe in the seasons of Spring? As always, look for ways to live out your faith in ways that help others experience the joy and hope in new and lasting ways.

\*\*\*You can find a template of our 5-minute faith journal at faithinfive.com to further engage your goals and connect them with your faith.\*\*\*