

# Control Issues | April 6, 2016

**Discussion Guide** 

### The Scoop

Let's face it—we have control issues. When we want to fix something or if something isn't going our way, we try to wrestle the problem to the ground by trying harder, holding tighter, or doing more of the same again and again.

#### **Key Verse**

Mark 8:34 (MSG)

Anyone who intends to come with me has to let me lead. You're not in the driver's seat; I am.

#### Discussion

Carrie Underwood's hit single *Jesus Take the Wheel* is a story of a girl getting to the end of her metaphorical rope, and without any other options she finally relinquishes control and asks Jesus to take the wheel. She admits, "I can't do it on my own."

- 1. Can you think of a time when you got to the point where you finally had to let go and let Jesus take the wheel?
- 2. What situations can you look back on and admit that you were reluctant to give up control?

Seeing Carrie Underwood perform *Jesus Take the Wheel* as if it were her story made it clear that it is, in a way, her story...It's our story. We struggle to relinquish control and often wait until it is our only option. It's probably fair to say there are times we don't want God in the driver's seat.

- 3. What things do you struggle to give to God? What things do you want to control?
- 4. What things have you given to God? What things do you regularly have to relinquish control?

If you have ever surrendered any part of your life to God, you know He willingly accepts your burdens (Matthew 11:28). When God has interceded on our behalf, it's hard not to develop an overwhelming gratitude toward God. However, our reverence for God takes intentionality. Each day we have a new opportunity to wake up and choose to follow.

5. Do you believe that anyone can go to Heaven? Based on the verses included above, who would be excluded?

## What's Next?

Sometimes we wait until we have no other option to let go and let God. The challenge is to build a habit of turning to Jesus first. Instead of waiting until it's the only option, it should be our first resort. If we willingly get into the passenger seat more often, we will be more in tune to what God has in store for us. This week, look for ways to give up control on 1 or 2 of the things you admittedly struggle to give to God. Additionally, look for ways you can trust God more with your life and everyday actions.